

Spokane Multi 2010 - 4/13/2010 to 4/14/2010
Heptathlon & Decathlon
Spokane Falls Community College
Results

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	Points
Finals				
1 Shallyn Jackson	Spokane CC	27.03	NWI	709
2 Kimmy Moore	Eastern Oregon	27.20	NWI	695
3 Liz Cobb	Eastern Washingt	27.27	NWI	690
4 Elise Jepsen	Eastern Washingt	28.36	NWI	603
5 McKinzie Anderson	Eastern Oregon	29.09	NWI	548
6 Sasha Reuben	Spokane CC	30.02	NWI	481
7 Jessianne Heley	Eastern Oregon	30.16	NWI	471
8 Kaylee Hartshorn	Spokane CC	30.86	NWI	424

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Kimmy Moore	Eastern Oregon	2:24.62	762
2 Jessianne Heley	Eastern Oregon	2:27.23	728
3 Sasha Reuben	Spokane CC	2:34.96	632
4 Shallyn Jackson	Spokane CC	2:40.92	562
5 McKinzie Anderson	Eastern Oregon	2:42.85	541
6 Elise Jepsen	Eastern Washingt	2:43.29	536
7 Liz Cobb	Eastern Washingt	2:44.18	526
8 Kaylee Hartshorn	Spokane CC	2:48.90	475

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Kimmy Moore	Eastern Oregon	15.96	NWI	2	719
2 Liz Cobb	Eastern Washingt	16.36	NWI	1	671
3 Elise Jepsen	Eastern Washingt	16.37	NWI	2	670
4 McKinzie Anderson	Eastern Oregon	17.48	NWI	1	543
5 Jessianne Heley	Eastern Oregon	18.75	NWI	1	414
6 Shallyn Jackson	Spokane CC	19.24	NWI	2	368
7 Kaylee Hartshorn	Spokane CC	20.87	NWI	1	234
8 Sasha Reuben	Spokane CC	21.17	NWI	2	212

Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Elise Jepsen	Eastern Washingt	1.64m	783
2 Sasha Reuben	Spokane CC	1.52m	644
2 Kaylee Hartshorn	Spokane CC	1.52m	644
4 McKinzie Anderson	Eastern Oregon	1.49m	610
5 Liz Cobb	Eastern Washingt	1.40m	512
5 Jessianne Heley	Eastern Oregon	1.40m	512
5 Kimmy Moore	Eastern Oregon	1.40m	512
8 Shallyn Jackson	Spokane CC	1.25m	359

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Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points
1 Elise Jepsen		Eastern Washingt	5.16m	NWI 16-11.25	603
2 McKinzie Anderson		Eastern Oregon	5.05m	NWI 16-07.00	573
3 Shallyn Jackson		Spokane CC	4.86m	NWI 15-11.50	522
4 Liz Cobb		Eastern Washingt	4.84m	NWI 15-10.50	516
5 Kimmy Moore		Eastern Oregon	4.81m	NWI 15-09.50	508
6 Jessianne Heley		Eastern Oregon	4.43m	NWI 14-06.50	411
7 Sasha Reuben		Spokane CC	4.25m	NWI 13-11.50	367
8 Kaylee Hartshorn		Spokane CC	4.07m	NWI 13-04.25	324

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points
1 Elise Jepsen		Eastern Washingt	10.57m	34-08.25 567
2 Kimmy Moore		Eastern Oregon	10.05m	32-11.75 533
3 Jessianne Heley		Eastern Oregon	9.49m	31-01.75 496
4 Liz Cobb		Eastern Washingt	9.28m	30-05.50 482
5 Kaylee Hartshorn		Spokane CC	8.91m	29-02.75 458
6 McKinzie Anderson		Eastern Oregon	8.18m	26-10.00 411
7 Sasha Reuben		Spokane CC	6.56m	21-06.25 307
8 Shallyn Jackson		Spokane CC	6.27m	20-07.00 288

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points
1 Kaylee Hartshorn		Spokane CC	33.84m	111-00 550
2 Kimmy Moore		Eastern Oregon	32.82m	107-08 530
3 Jessianne Heley		Eastern Oregon	31.07m	101-11 497
4 Liz Cobb		Eastern Washingt	25.47m	83-07 391
5 Elise Jepsen		Eastern Washingt	24.92m	81-09 381
6 Sasha Reuben		Spokane CC	22.04m	72-04 327
7 Shallyn Jackson		Spokane CC	20.59m	67-07 300
8 McKinzie Anderson		Eastern Oregon	19.26m	63-02 275

Women Heptathlon

Name	Year	School	Finals
1 Kimmy Moore		Eastern Oregon	4259
2 Elise Jepsen		Eastern Washingt	4143
3 Liz Cobb		Eastern Washingt	3788
4 Jessianne Heley		Eastern Oregon	3529
5 McKinzie Anderson		Eastern Oregon	3501
6 Kaylee Hartshorn		Spokane CC	3109
7 Shallyn Jackson		Spokane CC	3108
8 Sasha Reuben		Spokane CC	2970

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Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind H#	Points
1 Brandon Lattin	Eastern Washingt	11.44	NWI 2	765
2 Deonta Edwards	Unat-Spokane CC	11.69	NWI 2	713
3 Dylan Vogel	Spokane CC	11.79	NWI 2	693
6 Luke Mathews	Unviersity of Gr	11.91	NWI 1	669
7 Tim Armstrong	Eastern Washingt	11.98	NWI 1	655
7 Kersee Lind	Eastern Washingt	11.98	NWI 2	655
9 Drew Goranson	Spokane CC	12.25	NWI 1	603
10 Asa Miller	Eastern Oregon	12.40	NWI 1	574
11 Sean Coyle	Unat-Spokane CC	12.49	NWI 2	558
12 Ernesto Gonzalez	Spokane CC	12.54	NWI 1	549

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	H#	Points
1 Sean Coyle	Unat-Spokane CC	51.94	2	727
2 Dylan Vogel	Spokane CC	52.36	2	709
3 Kersee Lind	Eastern Washingt	52.38	2	708
4 Tim Armstrong	Eastern Washingt	52.72	1	694
5 Luke Mathews	Unviersity of Gr	52.77	2	691
6 Brandon Lattin	Eastern Washingt	52.82	1	689
7 Asa Miller	Eastern Oregon	53.88	1	645
9 Deonta Edwards	Unat-Spokane CC	55.51	1	578
10 Drew Goranson	Spokane CC	56.47	1	541
11 Ernesto Gonzalez	Spokane CC	59.34	1	436

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Sean Coyle	Unat-Spokane CC	4:06.92	903
2 Asa Miller	Eastern Oregon	4:31.51	735
3 Kersee Lind	Eastern Washingt	4:40.12	680
4 Tim Armstrong	Eastern Washingt	4:45.67	645
5 Dylan Vogel	Spokane CC	4:58.80	567
6 Luke Mathews	Unviersity of Gr	4:58.94	566
7 Drew Goranson	Spokane CC	5:01.12	553
8 Brandon Lattin	Eastern Washingt	5:04.76	533
9 Deonta Edwards	Unat-Spokane CC	5:31.72	391
10 Ernesto Gonzalez	Spokane CC	5:49.15	310

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind H#	Points
1 Tim Armstrong	Eastern Washingt	15.95	NWI 2	738
2 Kersee Lind	Eastern Washingt	16.06	NWI 1	726
3 Brandon Lattin	Eastern Washingt	16.43	NWI 3	685
4 Asa Miller	Eastern Oregon	17.21	NWI 1	603
5 Drew Goranson	Spokane CC	17.60	NWI 1	563
6 Dylan Vogel	Spokane CC	17.75	NWI 2	548
7 Luke Mathews	Unviersity of Gr	17.89	NWI 3	535

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....Decathlon: #6 Men 110 Meter Hurdles Decathlon

8	Ernesto Gonzalez	Spokane CC	17.91	NWI	1	533
9	Sean Coyle	Unat-Spokane CC	18.02	NWI	2	522
10	Deonta Edwards	Unat-Spokane CC	20.23	NWI	3	331

Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points
1	Deonta Edwards	Unat-Spokane CC	2.05m	6-08.75 850
2	Asa Miller	Eastern Oregon	1.93m	6-04.00 740
3	Kersee Lind	Eastern Washingt	1.84m	6-00.50 661
3	Dylan Vogel	Spokane CC	1.84m	6-00.50 661
5	Tim Armstrong	Eastern Washingt	1.72m	5-07.75 560
5	Brandon Lattin	Eastern Washingt	1.72m	5-07.75 560
7	Luke Mathews	Unviersity of Gr	1.69m	5-06.50 536
7	Sean Coyle	Unat-Spokane CC	1.69m	5-06.50 536
7	Drew Goranson	Spokane CC	1.69m	5-06.50 536
7	Ernesto Gonzalez	Spokane CC	1.69m	5-06.50 536

Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals	Points
1	Kersee Lind	Eastern Washingt	4.15m	13-07.25 659
2	Drew Goranson	Spokane CC	4.05m	13-03.50 631
3	Tim Armstrong	Eastern Washingt	3.75m	12-03.50 549
4	Ernesto Gonzalez	Spokane CC	3.45m	11-03.75 469
4	Brandon Lattin	Eastern Washingt	3.45m	11-03.75 469
4	Asa Miller	Eastern Oregon	3.45m	11-03.75 469
7	Dylan Vogel	Spokane CC	2.45m	8-00.50 231
--	Deonta Edwards	Unat-Spokane CC	NH	
--	Luke Mathews	Unviersity of Gr	NH	
--	Sean Coyle	Unat-Spokane CC	NH	

Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind	Points
1	Deonta Edwards	Unat-Spokane CC	6.87m	NWI 22-06.50	783
2	Kersee Lind	Eastern Washingt	6.65m	NWI 21-10.00	732
3	Brandon Lattin	Eastern Washingt	6.49m	NWI 21-03.50	695
4	Tim Armstrong	Eastern Washingt	6.35m	NWI 20-10.00	664
5	Luke Mathews	Unviersity of Gr	6.34m	NWI 20-09.75	661
6	Drew Goranson	Spokane CC	6.33m	NWI 20-09.25	659
7	Asa Miller	Eastern Oregon	6.25m	NWI 20-06.25	641
8	Dylan Vogel	Spokane CC	6.22m	NWI 20-05.00	635
9	Sean Coyle	Unat-Spokane CC	6.00m	NWI 19-08.25	587
11	Ernesto Gonzalez	Spokane CC	5.76m	NWI 18-10.75	535

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Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Brandon Lattin	Eastern Washingt	12.05m 39-06.50	609
2 Tim Armstrong	Eastern Washingt	11.45m 37-06.75	573
3 Kersee Lind	Eastern Washingt	11.14m 36-06.75	554
4 Asa Miller	Eastern Oregon	10.84m 35-06.75	536
5 Drew Goranson	Spokane CC	9.93m 32-07.00	481
6 Deonta Edwards	Unat-Spokane CC	9.29m 30-05.75	443
7 Luke Mathews	Unviersity of Gr	9.25m 30-04.25	441
9 Ernesto Gonzalez	Spokane CC	8.59m 28-02.25	401
10 Dylan Vogel	Spokane CC	8.39m 27-06.50	389
11 Sean Coyle	Unat-Spokane CC	8.12m 26-07.75	373

Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Kersee Lind	Eastern Washingt	34.85m 114-04	561
2 Brandon Lattin	Eastern Washingt	32.98m 108-02	523
3 Drew Goranson	Spokane CC	32.93m 108-00	522
4 Dylan Vogel	Spokane CC	32.21m 105-08	508
5 Asa Miller	Eastern Oregon	31.44m 103-02	493
6 Tim Armstrong	Eastern Washingt	31.23m 102-05	489
7 Luke Mathews	Unviersity of Gr	27.43m 90-00	414
8 Ernesto Gonzalez	Spokane CC	22.36m 73-04	317
9 Sean Coyle	Unat-Spokane CC	22.12m 72-07	312
10 Deonta Edwards	Unat-Spokane CC	21.39m 70-02	298

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Ernesto Gonzalez	Spokane CC	52.79m 173-02	630
2 Kersee Lind	Eastern Washingt	52.37m 171-10	624
3 Brandon Lattin	Eastern Washingt	51.39m 168-07	609
4 Tim Armstrong	Eastern Washingt	49.28m 161-08	578
5 Luke Mathews	Unviersity of Gr	48.37m 158-08	565
6 Drew Goranson	Spokane CC	47.52m 155-11	552
7 Sean Coyle	Unat-Spokane CC	43.76m 143-07	497
8 Asa Miller	Eastern Oregon	39.67m 130-02	437
9 Dylan Vogel	Spokane CC	37.17m 121-11	401
10 Deonta Edwards	Unat-Spokane CC	32.98m 108-02	341

Men Decathlon

Name	Year School	Finals
1 Kersee Lind	Eastern Washingt	6560
2 Tim Armstrong	Eastern Washingt	6145
3 Brandon Lattin	Eastern Washingt	6137
4 Asa Miller	Eastern Oregon	5873
5 Drew Goranson	Spokane CC	5641
6 Dylan Vogel	Spokane CC	5342
7 Luke Mathews	Unviersity of Gr	5078

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....Men Decathlon

8 Sean Coyle	Unat-Spokane CC	5015
9 Deonta Edwards	Unat-Spokane CC	4728
10 Ernesto Gonzalez	Spokane CC	4716